## **College of Design Research Poster Session**

# Obsessive Compulsive Disorder: Infusing Person-Environment Questions in Studies of Mental Health

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#### Introduction

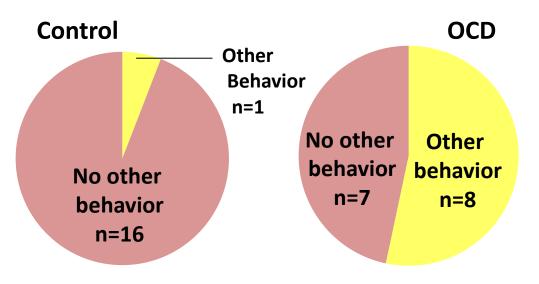
- College of Design; Medical School; College of Science and Engineering
- Obsessive Compulsive Disorder (OCD) one of the world's top ten causes of disability
- OCD behaviors: obsessions about contamination and cleaning; checking, ordering, repeating rituals; hoarding habits

#### Objectives

Analyze video recordings of children with OCD doing everyday tasks to:

- Better understand the role of the environment in OCD behaviors
- Develop knowledge contributing to diagnosis and treatment

OCD subjects more likely to exhibit other behaviors when hand washing (p=.005)



**Conclusions Video recordings can:** 

- Act as alternative modes of representation
- Communicate multiple forms of knowledge
- Show stories and experiences not



Handwashing



#### **Pilot Study Method**

- 18 subjects with OCD/21 matched healthy controls (mean age 11.1)
- 4 environment-behavior tasks

### **Significant Findings**

- OCD subjects used less table space arranging than controls (p=.049)
- More severe OCD spent longer time hand washing
- Exhibited more other behaviors during hand washing, e.g. touching sink, drinking water (p=.005)

typically part of canon

 Add to our understanding of how placemaking is perceived and constructed

#### Next Steps

- Delve into findings, e.g. why did children with OCD use less space?
- Focus on other aspects of OCD, e.g. hoarding
- Expand on use of computer software to automatically code videos

Arranging items on a table

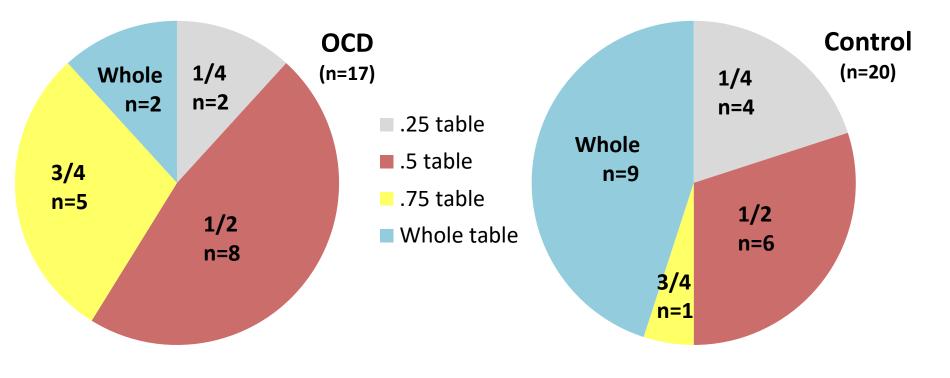


Arranging items on a pattern rug



**Study laboratory** 

#### OCD subjects used less space for arrangement than controls (p=.049)



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