

MENTOR PROGRAM

WELCOME

Your first meeting is an opportunity to get to know each other and identify goals you wish to pursue throughout the program. For your conversation, here are some topics you may want to include:

- ◆ Share information about each other's background and interests
- ◆ Discuss mentoring goals and reasons for participating
- ◆ Identify interest in mentoring activities
(see suggested activities on reverse side)
- ◆ Exchange schedules, identify best times to connect,
and schedule future meetings

RESOURCES AND CONTACT INFORMATION

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COLLEGE OF DESIGN MENTOR PROGRAM
design.umn.edu/mentor

COLLEGE OF DESIGN EVENTS
design.umn.edu/calendar

COLLEGE OF DESIGN NEWS
designatmnblog.com

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SUGGESTED ACTIVITIES

FIRST MEETING-BECOME ACQUAINTED:

- ◆ Discuss backgrounds and get to know each other
- ◆ Discuss your goals for the relationship
- ◆ Discuss the student's career interests and goals

CAREER CONVERSATION TOPICS:

- ◆ Identify student's talents, skills and interests and discuss his/her application to various career options
- ◆ Discuss how mentor's personal and professional life fit together
- ◆ Discuss employer types and organizational culture
- ◆ Discuss professional standards and unspoken rules of etiquette that exist in your field or workplace
- ◆ Discuss the transition from school to work and identify ways to smooth the process

RESUME/INTERVIEW ACTIVITIES:

- ◆ Assist student in completing a job application
- ◆ Critique the student's resume, cover letter, portfolio or projects
- ◆ Practice for a job interview or arrange for a practice interview with a professional colleague

NETWORK WITH OTHER MENTORS AND STUDENTS:

- ◆ Attend a professional meeting, conference or program together
- ◆ Participate in a company tour or attend a College to Career program offering
- ◆ Participate in a Job Shadow Day
- ◆ Connect with other CDes students, alumni and friends on LinkedIn

COLLEGE OF DESIGN/UNIVERSITY OF MINNESOTA EVENTS OR ACTIVITIES:

- ◆ Attend a lecture, concert or sporting event together
- ◆ Critique a school project the student is involved with for a class
- ◆ Practice for a presentation; help student refine presentation skills

EXPAND PROFESSIONAL NETWORKS:

- ◆ Compile a list of contacts the student could meet within the mentor's field
- ◆ Practice for informational interviewing
- ◆ Mentor helps arrange informational interviews for student with colleagues or others in the program

MENTORING GUIDE MOBILE APP

Helpful Tips & Articles, Program Directory, and Campus Resources

- ◆ SEARCH: 'UMN' in App Store/Marketplace
- ◆ DOWNLOAD: The Guidebook Inc app
- ◆ SEARCH: umnmentor

Desktop users: guidebook.com/guide/71022